

Up to **40% of men** by the age of 40
are affected by

Erectile Dysfunction¹

Are you one of them?



Flip over to take an ED survey to find out.



To learn more about ED, treatment options, and educational resources visit ColoplastMensHealth.com or scan the QR code.

Coloplast Guided Support is here to provide educational resources during your treatment journey.



Physician
finder



Phone &
chat support



Talk to a
patient who's
been there



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educational
videos

1. Feldman HA, Goldstein I, Hatzichristou DG, Krane RJ, McKinlay JB. Impotence and its medical and psychosocial correlates: results of the Massachusetts Male Aging Study. *J Urol.* 1994;151(1):54-61.



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Take the Sexual Health Inventory for Men (SHIM) to learn if you may be experiencing ED

Over the past 6 months:

1. How do you rate your confidence that you could keep an erection?

- 1 – Very Low
- 2 – Low
- 3 – Moderate
- 4 – High
- 5 – Very High

2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration (entering your partner)?

- 1 – Almost never or never
- 2 – A few times (much less than half the time)
- 3 – Sometimes (about half the time)
- 4 – Most times (much more than half the time)
- 5 – Almost always or always

3. During sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered your partner)?

- 1 – Almost never or never
- 2 – A few times (much less than half the time)
- 3 – Sometimes (about half the time)
- 4 – Most times (much more than half the time)
- 5 – Almost always or always

4. During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?

- 1 – Extremely difficult
- 2 – Very Difficult
- 3 – Difficult
- 4 – Slightly Difficult
- 5 – Not Difficult

5. When you attempted sexual intercourse, how often was it satisfactory for you?

- 1 – Almost never or never
- 2 – A few times (much less than half the time)
- 3 – Sometimes (about half the time)
- 4 – Most times (much more than half the time)
- 5 – Almost always or always

Add the numbers corresponding to questions 1-5.

TOTAL: _____

The Sexual Health Inventory for Men (SHIM) further classifies ED severity with the following breakpoints:

1-7:	Severe ED
8-11:	Moderate ED
12-16:	Mild to Moderate ED
17-21:	Mild ED
22-25:	No Significant ED

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